

On a scale of 0 to 4, to what extent do you agree with the following statements?



1 The quality of my communication and relationships = the quality of my life.

2 Developing my qualities of character can only profit me.

3 While I am at work, I may as well enjoy myself.

4 I determine the quality of my relationships at work.

5 Building quality relationships will build a strong and effective culture.

your total

0 to 5 I hope you enjoy your lunch.

6 to 10 You can do more to be a cause of your own happiness.

11 to 15 You are probably a positive influence at work.

16 to 20 Our thinking is aligned! I suspect that you are happy at work.